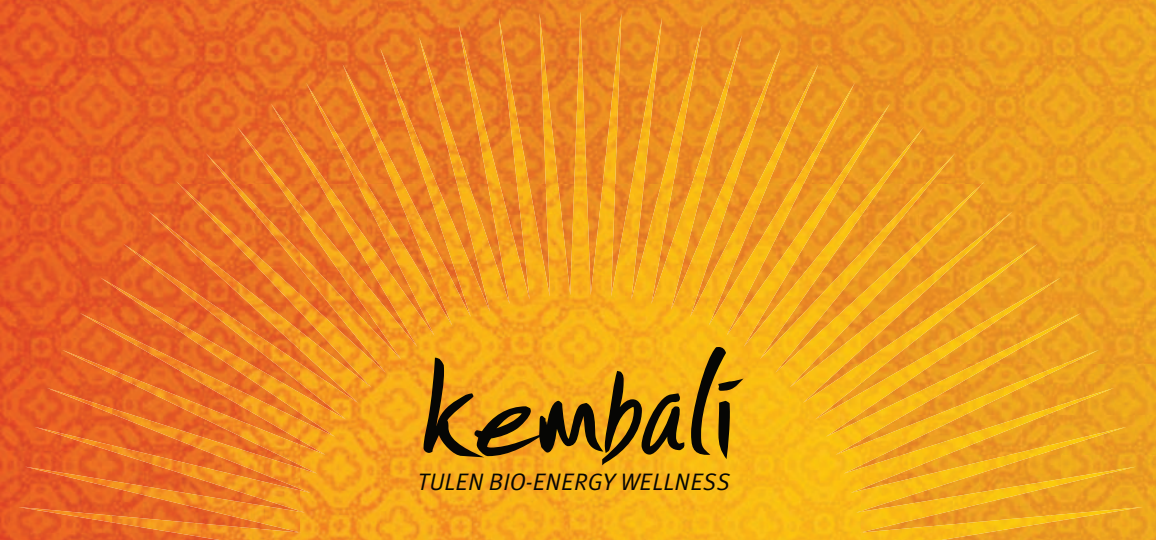




Through the beauty and strength of Poekoelan Tjimindie Tulen,
we bring peace to the world by noticing and correcting the
absence of peace wherever it exists.

- ORLEANS, MA
- EASTHAM, MA
- NEW YORK, NY
- BOARDMAN, OH
- SEATTLE, WA
- PORTLAND, OR
- OAKLAND, CA
- AMSTERDAM, NL

All materials are copyrighted. ©2007 Poekoelan Tjimindie Tulen, Inc.



kembali
TULEN BIO-ENERGY WELLNESS

kembali

TULEN BIO-ENERGY WELLNESS

Tulen bio-energy wellness

Kembali is an Indonesian word meaning "I welcome you, I return my love to you." Poekoelan Tjimindie Tulen teaches management of "bio-energy," the body's natural energy, for healing and protection. Practitioners of this healing technique work with an individual's bio-energy to help it move on a natural path towards health.

Benefits of bio-energy wellness

Tulen Bio-Energy Wellness is effective for addressing an array of life challenges including: weight loss, habit conversion, trauma, stress, chronic conditions, and life changes.

What to expect

During a treatment, you remain fully clothed and there is no physical touch. Following a discussion about the challenges you may be facing, the Tulen practitioner will focus his or her attention to the bio-energy around the body. With your eyes closed, you may be asked to do simple visualization. The session may take anywhere from 20-50 minutes.

People have been working with bio-energy for a very long time. In other cultures, tribal healers are often consulted to clear the body's energetic field with the intention of restoring health. Indigenous cultures have belief systems that allow for healing modalities beyond the "illness/cure" paradigm of Western Medicine, and while many of us are helped by modern medical care, it leaves room for true alternatives.

Poekoelan Tjimindie Tulen is a rare Indonesian martial art brought to this country in 1956 by Mas Goeroe Agoeng Willy Wetzell. Mas Goeroe Agoeng taught this art to his protégée, Mas Goeroe Barbara Niggel, passing to her the healing techniques as they originated in Indonesia.

Testimonial Excerpts

"My four year-old goes right to sleep and stays in bed now" - *Tim Crane*

"I was able to connect directly with what was keeping me stuck in my life. In the bio-energy session I learned the practice of releasing my fears continually so that I could allow joy into my life." - *Nancy Lawlor*

"While undergoing treatment for cancer, the bio-energy sessions have helped me through many days of darkness. I have found myself to be more centered on my mental and physical well being" - *Jackie Romero*

The cost is \$100 per session.

Tulen Centers for Indonesian Martial Arts and Wellness - 3 Great Locations

Tulen Center One With Heart

4231 SE Hawthorne Blvd.
Portland, OR 97215
503-231-1999
www.onewithheart.com

Tulen Center Southwest

10004 SW Canyon Road
Portland, OR 97225
503-291-9333
www.tulencenter.com

Tulen Center North

8641 N. Lombard
Portland, OR 97203
503-283-1313
www.tulencenter.com